

WEEKLY **SAFETY** REMINDERS

JANUARY - MARCH 2008



January 6

Start the new year right and plan to drive safely throughout the winter season. If the roads are hazardous, carry supplies in your vehicle that you may need in an emergency, such as blankets, flashlights, and jumper cables. For more information, visit www.nhtsa.dot.gov.

January 13

Driving in adverse weather is especially unsafe if your tires are not in the best condition. Make sure to check your tire pressure and tread at least once a month. For tips on tire safety, visit www.safercar.gov and click on "Tires."

January 20

Life's most urgent question is: what are you doing for others? Educate your family about respecting the rules of the road. For more information about traffic safety for parents, visit www.safetyfeature.org/spanish



January 27

Do more than just obey the posted speed limit. Slow down and adjust for the current conditions, whether it's fog, rain, ice, or heavy traffic. For more information, visit www.nhtsa.dot.gov.



February 3

Enjoy family, friends, and football on Super bowl Sunday this year, but no matter what team you cheer for, remind your friends—fans don't let fans drive drunk. For more information, visit www.stopimpaireddriving.org.



February 10



Show your children how much you care this Valentine's Day. Take time to properly install and buckle their child safety seats, and buckle your own belt as well. For more information, visit www.nhtsa.dot.gov and select "Child Passenger Safety."

February 17

If you're enjoying a long weekend over President's Day, be careful of increased



pedestrian traffic as a result of the holiday. Slow down in residential areas and pay extra attention at intersections. For more information, visit www.walkinginfo.org to learn how pedestrians and motorists can be safe and share the road.

February 24

As prom nears, spend time talking with your teenagers about the dangers of underage drinking and alcohol/drug impaired driving. Make sure they know how to avoid riding with anyone who has been drinking, and teach them the importance of making good decisions. For more information, visit www.stopimpaireddriving.org and click on youth.



March 2

As spring nears and the weather warms up, more motorcyclists will be on the roadway. When traveling behind a motorcycle, allow at least a three or four second following distance. For more information, visit www.nhtsa.dot.gov. Click on "Traffic Safety" and choose "Motorcycles."

March 9



It's time to spring forward! With the extra hour of sunlight, remember to share the road safely with bicyclists who will be able to ride later into the evening. For more information in English and Spanish, visit www.nhtsa.dot.gov. Click on "Traffic Safety" and choose "Bicycles."

March 16

Safety is more than just good luck. Drinking alcohol and driving takes away your chances of getting home safely and endangers others on the road. For more information, visit: www.stopimpaireddriving.org.



March 23



Celebrate life this Easter and learn to avoid frustration while behind the wheel. Steer clear of agitated drivers and control your own emotions.

For more information on how to stop aggressive driving, visit www.nhtsa.dot.gov.

March 30

Seat belts save lives! One out of every 10 drivers on the road will be involved in a traffic crash at some point in his/her life, and you stand a far better chance of surviving a serious injury crash if you are wearing a seat belt. For more information, visit <http://www.nhtsa.gov/link/ciot.htm>.